she mastered a lot of things, including what it’s like to possess an incredible teaching mindset to let many more without difficulty thoroughly grasp various very confusing issues

sometimes people who are prescribed opioids use them inappropriately

when treating tendinitis, rest the area, apply cold compression for 10-20 minutes at a time for at least 3 times a day

in a way, the outcome smells like a compromise of sorts

life was becoming more difficult, and the doctor suggested another medicine, vivactil (protryptiline, a tricyclic antidepressant)